



Fix Your Drinking Problem in 2 Days

This ebook offers what few others books don't. It gives you a clear plan you can use to cut down your drinking. Learn to change the WHAT and change the WHERE .. and make it easy on yourself.

This book is part of an 8 session online course at www.lltff.com and the Living Life to the Full series of books. Also consider; Write all over your bathroom mirror, Why do I feel so bad, I can't be bothered doing anything, Why does everything always go wrong, I'm not good enough, How to fix almost everything, The things you do that mess you up, Are you strong enough to keep your temper and 10 things you can do to feel happier straight away.

Get book on Kindle or Apple Ibooks by going to www.lltff.com/ebooks